

Dear Members,

There is an additional page with lots of information with regards to Fraud and Cyber crime, following on from our speaker in December, which you can get to from the Useful Information page on our website. The Ware u3a website is <https://ware.u3asite.uk/>

The link to Fraud and Cyber crime page is <https://ware.u3asite.uk/scams-and-cyber-crime-awareness/>

The u3a has a youtube channel, should you be interested , with various radio podcasts and entertaining and informative videos.

We are still looking for a volunteer to take on the role of Vice Chair from April. Some technical knowledge- such as editing a website (with help), would be useful, but other than that requirement, it is not an onerous position. If you think that you can help, please get in touch with me on chair@wareu3a.co.uk . The need to fill this position is becoming more urgent as the AGM approaches. On a personal note, I have really enjoyed being on the Committee, being involved in the organisation and having a sense of purpose. Do not be afraid of coming forward to help.

Best wishes,

Pauline

Chess A suggestion has been made to start up a Chess group again. If anyone is interested in joining this group, all standards welcome, please get in touch with Debbie on groups@wareu3a.co.uk



Concert on Wednesday 19th March at the Royal Festival Hall at 7.30pm

Program: Schumann Piano concerto

Mahler Symphony No. 5

Cost: £40 inclusive Last date to book ticket if available 19th February

Concert on Saturday 12th April at the Royal Festival Hall at 7.30pm.

Soloist Jan Lisiecki

Program: Sibelius Pohjola's Daughter

Beethoven Piano Concerto No. 5 (Emperor)

Sibelius Symphony No. 2

Cost: £40 inclusive Last date to book if ticket available 14th March

Please contact Jeff via Debbie on groups@wareu3a.co.uk

Please note that seats can only be confirmed upon receipt of payment.



Line Dancing is now up and running. This group currently meets on Tuesdays 11.30-12.30 in the 3rd Ware Scout Hut in Broadmeads. If you are interested in giving this fun exercise dance class a try, please contact Pauline on chair@wareu3a.co.uk



Simply Fit (Thursday) would welcome some new members. They meet weekly on Thursdays 11-12 at the Riverside Hall. It is fun exercise which can be done seated or standing, there is no floor work. It consists on gentle aerobic exercises with some strength and balance work. If interested in joining, contact Annette via Debbie on groups@wareu3a.co.uk



Tap Dancing is fun and open to all, no previous experience necessary, taught by a professional. This group meets weekly on Tuesday afternoons 1.30-2.30pm at the Quaker Hall , Hertford. If interested in giving it a go, contact Lesley via Debbie on groups@wareu3a.co.uk



Reports

Aquafit Sadly, with the closure of Fanshawe Pool, the Aquafit group is unable to operate at the moment. However, we have some lovely photos of their final session before Christmas.

(Thank you for the permission to print)



Book Group 4 We are a group of 6, who take it in turns to meet in each other's homes in the afternoon of the 3rd Monday of the month. We have no vacancies at the moment. We have been together since November 2022 and have enjoyed reading a variety of books. We don't always like the same books but enjoy listening to the various reasons the members did or did not enjoy it. We select our books from a list provided by the library– all of us choose a couple from the list and I put together a year's worth of reading. We all score the book out of 10 to indicate how much we enjoyed it (or not!)



Joy Cotterell

Exploring London 7 On our trip to the Royal Opera House in November, we were lucky enough to see Darcy Bussell training a couple of Ballet Dancers rehearsing for Cinderella. Unfortunately, we were not allowed to take photos of this.

Christine Notley



The new **Rummikub** group is going well with circa 10 members of various abilities and is enjoyed by all . New members of all abilities are most welcome meeting on the 2nd Tuesday of the month 11-1pm at the Waterside Inn. Contact Ann via Debbie on groups@wareu3a.co.uk if you are interested in joining.



Ann & John Mizen