

Ware u3a May 2024

Newsletter



We had 100 attendees at the April Monthly Meeting. Since December, 409 individuals have attended our Monthly Meetings, not all at once I hasten to add, Wodson Park wouldn't have enough chairs! The June speaker on the 12th will recount her experiences of living in Saudi Arabia. I hope to see some of you there.

Should anyone wish to send articles for the June Newsletter, the deadline is Saturday 22nd June to chair@wareu3a.co.uk

Pauline

It would be lovely to fill the vacancies in our groups. Here is a reminder of some of them.



Aquafit Come and enjoy a bit of therapeutic exercise in Fanshawe Pool on Fridays at 7.45-8.30am in our friendly Aquafit class. First trial session is free. If interested, contact Kathryn via Debbie on groups@wareu3a.co.uk



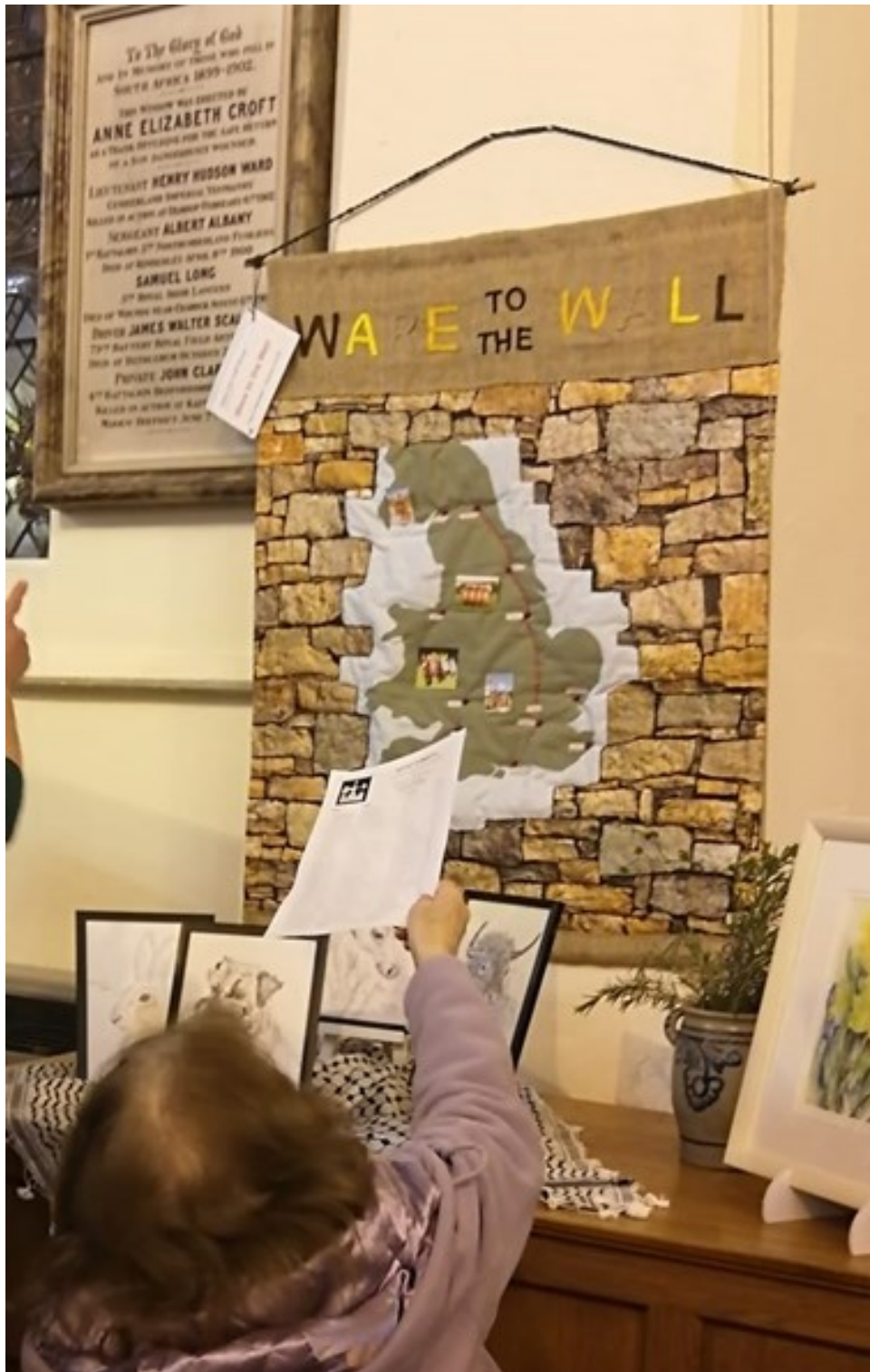
Croquet can be played by people of ALL ages. It provides mental stimulation and physical exercise. It can be highly competitive and a source of lasting friendships. The simplest description of Croquet is that it is a game played on a grass court, in which players take it in turns to hit a ball with a mallet in order to send balls through hoops.

There are several different forms of the game played using the same equipment. We enjoy playing Golf and Association croquet rules, but also GoKay which is a mixture of the two.

We would like to welcome new members of any standard to our group. So, come along and enjoy our wonderful facilities at Allenbury's Social Club, on a pay when you play basis.

Why not give it a go? Contact Ann via Debbie on groups@wareu3a.co.uk





Here it is, on display at the recent Art Exhibition held at St Mary's in Ware.

It is available for purchase.

Diana Perkins